# R BRKE PARTICIPANT GUDE Hayward, Wisconsin - USA February 20, 2025



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### JUNIOR SKIERS -GET READY TO RACE!



#### You are registered for the 2025 Jr. Birkie!

Though we may not have received much natural snow this year, we are excited to get you out on the snow for Jr. Birkie this year!

#### **Individual Races**

These races are back to the basics this year! All individual races will start behind the Intermediate School and finish on Hayward's iconic Main Street!

#### **Team Sprint Relays**

Team Relays are **BACK!** Relays will start and finish on Main Street in downtown Hayward!

### REGISTRATION

Know anyone who still needs to register? It's not too late!

Individual Race	\$27	
Relay Team Participant	\$17	
<b>REGISTER HERE!</b>		

Note: Registration closes on Wednesday, February 19th, at 7:00 pm. No on-site registration available.

### **DIRECTIONS & PARKING**

#### **Race Start**

Behind the Intermediate & Primary Schools

#### **Race Finish**

The American Birkebeiner Finish Line on Main Street

Limited parking is found in downtown Hayward. Please help ease the traffic congestion by utilizing the designated spectator parking on Hwy B (noted in orange on the map below). Buses will run continuously from 9:30 am to 4:30 pm from the Spectator Lot to the Registration Bus Stop, and from the Registration Bus Stop and the Celebration Zone Bus Stop to the Spectator Lot. Parking restrictions are in place on most of the downtown area streets.

THURSDAY SHUTTLE SCHEDULE		
то	FROM	TIME
Spectator Lot	Recovery Zone/Bib Pick-up	9:30 am - 2:00 pm
Celebration Zone Bus Stop	Spectator Lot	9:30 am - 4:30 pm
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### **BIB & GEAR BAG PICK-UP**

#### **Hayward Intermediate School**

(5th Street and Wisconsin Ave) Thursday | 9:30 - 1:30 pm

Please enter the Intermediate School via the entrance off of 5th Street! At bib pick-up, participants will receive their race bib and ski hat! Jr. gear bags that were purchased during registration will also be ready for pick up!

If you are only picking up for Jr. Birkie events, please pick-up after 11:30 am, when the Barnebirkie rush is over. We recommend just one representative per family pick up bib(s).

Note: Relay team bib pick-up is at the start line on Main Street, following the individual races, at 2:30 pm.

## **BIB ASSIGNMENTS**



### **CXC YOUTH CUP**

The Junior Birkie Individual Race is part of the SWIX CXC Youth Cup for U12 and U14 age categories. Licensed skiers are seeded and earn points in the CXC Youth Cup overall standings.



For information about the CXC Youth Cup visit: <u>http://cxcskiing.org/pages/events/cxc-youth-cup.html</u>

# WAX POLICY

As part of the CXC Youth Cup, no fluorocarbon waxes are allowed; athletes may only use fluoro-free glide and kick wax.

### AGE GROUPS & TECHNIQUE

All races are freestyle technique – competitors may use skate or classic technique, however, there will not be classic tracks set on the courses.

Year of Birth	Category
2017-2018	U8
2015-2016	U10
2013-2014	U12
2011-2012	U14

# INDIVIDUAL RACE SCHEDULE

Time	Category	Distance
1:00 pm	U10 Boys	1.5 km
1:10 pm	U8 Boys	1.5 km
1:20 pm	U10 Girls	1.5 km
1:30 pm	U8 Girls	1.5 km
1:40 pm	U12 Boys	3 km
1:55 pm	U12 Girls	3 km
2:05 pm	U14 Boys	3 km
2:15 pm	U14 Girls	3 km

Note: Team sprint relays will begin immediately following the individual races on Main Street, approximately 3:00 pm.

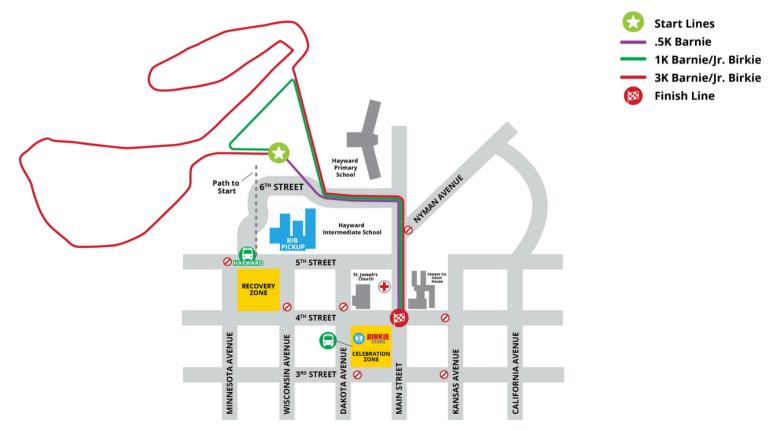
# VENUE & COURSE MAPS

#### **Individual Race**

The Jr. Birkie individual races will start behind the Hayward Primary and Intermediate Schools and finish at the American Birkebeiner Finish Line on Main Street. Both 1.5k & 3k courses will travel through the golf course and head down Main Street.

The 1.5K course will ski down Main Street, turn at the base of the bridge (no bridge crossing), and head to the Finish Line.

The 3K course will continue down main street, travel over the American Birkebeiner International Bridge, turn around, cross the bridge again and ski back up Main Street.



### TEAM SPRINT RELAY SCHEDULE

### **Bib Pick-Up**

American Birkebeiner Finish Line Main Street, Hayward **Thursday | 2:30 pm** 

### **Relay Start**

American Birkebeiner Finish Line Main Street, Hayward **Thursday | 3:00 pm** 

Time	<b>Relay Start Order</b>	Course Distance
3:00 pm	Grades 1-3	4 x 300 m
3:05 pm	Grades 4-5	4 x 500 m
3:15 pm	Grades 6-8	4 x 500 m
3:30 pm	Grades 9-12	4 x 800 m

### **TEAM SPRINT RELAY DETAILS**

- Team Relay Sprint Races will start and finish at the American Birkebeiner Finish Line.
- The Team Sprint course will not utilize the American Birkebeiner International Bridge.
- ALL teams will consist of 2 skiers.
- Each skier will ski 2 non-consecutive legs of the relay, 4 laps total.
- Teams may be mixed gender, male, or female.
- A team must consist of 2 skiers in the same age group.
- We strongly encourage teams to be made of athletes in the same grade range, however, if not possible, the team will ski in the oldest grade range.
- Races are not timed, first across the line for each category are the winners.

# **CELEBRATION!**

### Refreshments

A snack to recover will be available to participants in the Finisher Zone after the race!

### Awards

All individual finishers will receive a Junior Birkie medal.

Relay awards will be presented to each age group immediately following the race at the Podium in the Celebration Zone!

Note: If participants are unable to pick up their award on race day, they can request that it be mailed for \$8.00.

All requests must be made by March 31, 2025.



### **AWARD SHIPPING**

# RESULTS

Scan the QR code for Jr. Birkie race results!



# **PROUD SPONSORS**

#### **Presenting Sponsor**



#### **Gold Circle Elite Sponsors**

