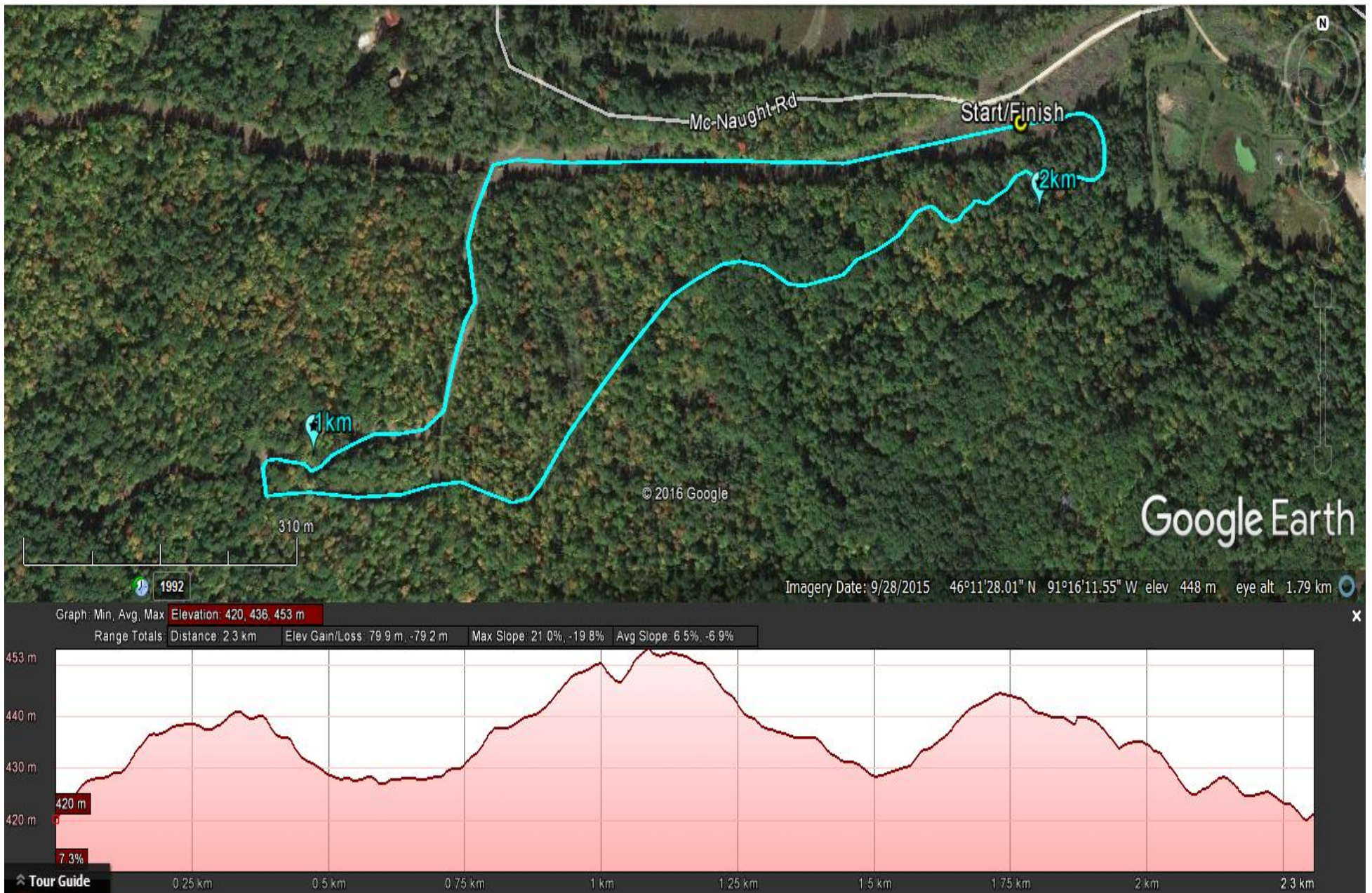


# Double Pole Derby High School Interval Start Free Technique 7km race (3 X 2.3km)



1-2.3km lap: Total Climb- 80m, Height Differential- 33m, Maximum climb-29m