



## BirkieTour Schedule of Events

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The 2017 Birkie Tour is the inaugural ABSF event at the new American Birkebeiner Trailhead, the new home of the permanent Birkie starting line.

**Embrace your #BirkieFever and enjoy BirkieTour 2017!**

### Friday, January 13

- **5:00-9:00 p.m. – [BirkieTour](#) Registration and Bib Pickup**
  - At the [Sawmill Saloon in Seeley, WI](#) in conjunction with the [Seeley Hills Classic](#) bib pickup
  - Be the first to try a Birkie Brew-Ski – a Legendary Amber Ale - on tap at the Sawmill Saloon during bib pickup

### Saturday, January 14

- **3:00-7:00 p.m. – Registration and Bib Pickup**
  - At Mooselips in the Sawmill Saloon in Seeley, WI
  - Sidle up to the bar and try a Birkie Brew-Ski Amber Ale

### Sunday, January 15

- **8:00-9:00 a.m. – Onsite Registration and Bib Pickup**
  - At the start/finish area in the Great Hall at the American Birkebeiner Trailhead
- **8:00-3:00 p.m. – Demo the Latest Gear - Skis! Boots! Poles! More!**
  - Alpina, Fischer, Gear West, Pioneer Midwest, Rossignol, Salomon, SWIX, will be on hand throughout the day to demo and sell the latest gear
- **9:00-10:00 a.m. – Departure from the American Birkebeiner Trailhead**
  - The Tour will kick off at 9:00 am with Hannes Larsson the most accomplished Worldloppet Master as he begins his 300<sup>th</sup> Worldloppet event!
  - Skiers may start anytime between 9:00 and 10:00 am
- **9:30 a.m. – Birkie TRAIL KIDS to host regional TRAIL KIDS groups**
- **11:00-3:00 p.m. - Food and Drink in the Great Hall**
  - Be among the first to try a new Birkie Brew-Ski Amber Ale
- **12:00 p.m. - Awarding of the 30<sup>th</sup> Worldloppet Master Medal to Hannes Larsson**
- **1:00-3:00 p.m. - Nordic Kids at the Birkie Tour**
  - Special presentation by Team Gregg- Brain and Caitlin, followed by autograph time
- **3:00 p.m. - Cut off time for skiers to return to American Birkebeiner Trailhead**



## Getting There

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### **Off to the Races and the [American Birkebeiner Trailhead!](#)**

The BirkieTour starts and finishes at the American Birkebeiner Trailhead, 14875 McNaught Road, Cable, Wisconsin. 46.193613, -91.256976

**From Hayward**, take U.S. Highway 63 north 17 miles to County Highway M in Cable. Turn right, go 0.2 miles, bearing right onto Pine Street. Turn right, go 0.8 miles on Randysek Road. Turn left, go 1.9 miles on McNaught Road to the American Birkebeiner Trailhead. Note that there is no access to the [American Birkebeiner Trailhead](#) from the former Telemark Lodge area.

### **Parking:**

There is ample parking available at the American Birkebeiner Trailhead. Upon arrival, you'll be directed past the new Trailhead cabin, the start area, and the Great Hall, toward the parking lots. Parking attendants will direct you to the appropriate parking areas. Please obey all signs and do not park along the road or near any of the buildings.

## Ski the Distance on the Birkie Trail

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Starting from the American Birkebeiner Trailhead, the new home of the namesake race's start, participants will tour the award-winning Birkie Trail system. Skiers will park, start, and finish in the same location. After your tour, join your fellow skiers in the Great Hall for hot food and cold beverages provided by the Corner Deli. You'll be amongst the first to have an opportunity to try the new Birkie Brew-Ski Amber Ale! Celebrate and socialize après ski! Choose to ski a 16, 27, or 47 km Tour. The BirkieTour is pure fun and a great way to experience the wonderful Birkie Trail system. It's perfect whether you are...

- A Birkie skier looking for a supported training day
- A skier thinking about a Birkie event, but unsure about being ready
- A skier who loves to ski, but is not interested in ski racing
- A skier looking for credit for [Worldloppet Passport](#)



## General Info

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**BirkieTour Times** – The BirkieTour is not a race, but all skiers will be required to wear a bib and will receive a time based on when they cross the start and finish line. Each skier must wear their assigned bib on the outside of their clothing so that it is visible at all times.

**The Great Hall** – This brand new building will be home to bib pickup, a waxing station, vendors, a changing area, and après ski party.

**Start and Finish** – The BirkieTour officially begins under the Birke tower located 200 meters west of the Great Hall.

**Birkie Trail Ambassadors** – Look for Birkie Trail Ambassadors out on the trail throughout the BirkieTour. Identified by their yellow bibs, these wonderful volunteers are familiar with the trail system and available should you need assistance.

## Course Information – 16 km, 27km, 47km

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- The BirkieTour course makes a counter-clockwise loop heading south on the Birke Skate Trail and returning north on the Classic Trail.
- Your tour begins by traversing the newest section of trail from the American Birkebeiner Trailhead to the Powerline. It continues south to the first aid station at the Timber Trail Trailhead. While there, check out the brand new trailside cabin.
- From Timber Trail, turn back north on the Classic Trail to complete a 16 km BirkieTour; otherwise continue south on the Skate Trail.
- The next aid station is Fire Tower, which will greet you after the descent from the highest point on the course. From here you can turn north to complete a 27 km BirkieTour or continue south to continue a longer tour. On the return back north, the 27 km BirkieTour will revisit Timber Trail Aid Station.
- The next aid station is Boedecker, following the biggest climb on the trail system. At this point, if you think you have taken on more than you can handle, you can return back north for a 37 km Tour or continue south for the full 47 km Tour on the Skate Trail to the Highway OO Trailhead. **Please note** - there is no aid station at Highway OO. However, the Trailhead cabin on the south side of the road has a warming shelter, drinking water, and toilet.
- From the Highway OO Trailhead, you will turn onto the Classic Trail and return to Boedecker aid station. At 10 km in length, this is the longest stretch on the course without aid, so please carry appropriate supplies with you.
- Back at Boedecker aid station for the second time, you will continue north on the Classic Trail revisiting both Fire Tower and Timber Trail aid stations on your way back to the finish at the American Birkebeiner Trailhead.



## Grooming

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If conditions warrant, the Skate Trail will be prepared with two sets of classic tracks and two skate lanes. Most sections of the Classic Trail will have one classic track and one skate lane. There are markers every kilometer on the trail with distances to the nearest trailhead on each. There are directional arrows at each aid station and at critical intersections. The course is very easy to follow. Watch for yellow-vested, Birkie Trail Ambassadors if you have questions or need guidance.

## Aid Stations

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Your BirkieTour will be fully supported with Aid Stations located at the Timber Trail, Fire Tower, and Boedecker Trailheads. Each station will be staffed by a team of volunteers who will help you fuel up with food and drink, keeping you on track to meet your distance goals. There will be water, Nuun Hydration, Clif Bar Minis, cookies and bananas available at all aid stations. The Fire Tower station will feature hot Birkie Brew Coffee provided by Hayward Coffee Company.

All good things must come to an end, so in order to get participants and volunteers back to Birkie Ridge Trailhead by 3:00 pm, no one will be allowed to continue past the cut-off times listed below.

Distances and Cut-Off Times				
Aid Stations	Distance from the Start			Cut Off Times
	16 km Tour	27 Km Tour	47 km Tour	
American Birkebeiner Trailhead - Start	0	0	0	10:00 AM
Timber Trail Southbound	7	7	7	None
Fire Tower Southbound		12	12	None
Boedecker Southbound			16.5	11:15 AM
Boedecker Northbound			26.5	12:20 PM
Fire Tower Northbound		12	32	1:00 PM
Timber Trail Northbound	7	18	38	1:50 PM
American Birkebeiner Trailhead - Finish	16	27	47	3:00 PM



## Après Ski Party

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After your BirkieTour, settle in for a delicious hot lunch and a cold drink provided by the Corner Deli. Try a Birkie Brew-Ski Amber Ale, proudly crafted for the Birkie by [Lucette Brewery](#) in Menomonie, WI. Chat with Birkie Ambassadors Caitlin & Brian Gregg. Check out the Birkie Store for the latest Birkie merchandise. There will be a variety of vendors and retailers on-hand; take a moment and demo the latest gear or do some shopping! Enjoy the music, the camaraderie, and bask in the glow of your energizing ski! Enjoy BirkieTour 2017 – we're glad you're here!

## Worldloppet Credit

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Skiers participating in the BirkieTour may use the event to gain credit for their [Worldloppet Passport](#). To gain Worldloppet Gold credit you must check in at the Boedecker Aid Station; for Worldloppet Silver credit you must check in at the Fire Tower Aid Station. Upon completion passports will be stamped at the bib pickup area.

## Special Thanks to our Terrific BirkieTour Sponsors:

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- [Brent Carlson, M.D.](#) - Presenting sponsor
- [The Corner Deli](#) - Official post-race food and beverage sponsor
- [Hayward Coffee Company](#)
- [GU Energy](#) – Official energy at all Birkie events
- [Nuun Hydration](#) - Official hydration at all Birkie events
- [CLIF Bar](#) - Official nutrition bars at all Birkie events
- [New Moon Ski & Bike](#)
- [Life Link III](#)

## Please Thank our Amazing BirkieTour Volunteers

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When you see the dedicated BirkieTour volunteers out on the trail or in the Great Hall, please thank them for their help in making the BirkieTour a wonderful event! The Birkie team is very grateful for their generous donation of time and their Birkie Fever! From set-up and bib pickup, to aid stations, serving food, and everything in between, we couldn't do it without them! Thank you, volunteers, for supporting the Birkie and the great skiers today!

See you on Sunday!  
#BirkieFever