



UPPER MIDWEST ENDURANCE CHALLENGE

Three Great Races,
One Remarkable Feat!



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We have a challenge for you.

Conquer Grandma's Marathon, the Medtronic Twin Cities Marathon and the American Birkebeiner in sequence!

It's a feat of stamina we're calling the Upper Midwest Endurance Challenge (UMEC). The Challenge is a collaboration of the region's three premier endurance events, assembled to encourage the boldest athletes to test their mettle in spring, fall and winter. Meet the challenge and you'll earn triple bragging rights and a one-of-a-kind Brooks® jacket awarded exclusively to UMEC finishers.

Think you're up to the epic task?

Check out the details on the UMEC registration page: runrunski.org.

Once you've signed up, get out and start training!

runrunski.org
[Facebook.com/UpperMidwestEnduranceChallenge](https://www.facebook.com/UpperMidwestEnduranceChallenge)



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