

BIRKIE®

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Birkie Trail Run

Marathon & Relay Course Description

Type	Description
Ski Trails	This ski trail sections of the course range from 10 to 30 feet wide. They are mostly grass covered. Some sections have a dirt “goat path” formed on them, some do not get much summer use and are grass covered from edge to edge. The trails are built in a region with glacial topography, littered with potholes and ridges. The ski trails were built to attack the terrain with the slopes going directly up the fall line. This creates a seemingly endless run of steep ups and downs. Most of the climbs are small (less than 50 foot height difference) but are steep, with slopes between 10 and 20%. It is very different terrain from alpine regions, but equally challenging with hundreds of small to medium climbs adding up to large amount of total climb. The descents are equally steep and relentless.
Single-Track Trails	These trails are built and maintained by the Chequamegon Area Mountain Bike Association for cycling. They are all intermediate to expert level trails. They are much less steep than the ski trails utilizing switchbacks on the slopes rather than heading directly up the fall line. They are generally more winding than a typical hiking trail. The surface is mineral soil with all the organics removed. The drainage is very good and there are only a few wet spots after a heavy rain. There are general smooth with a relatively low amount of rocks and roots. There are some built “rock gardens” that are easy to navigate. There are many tight switch backs, always stay on the marked trail; cutting switchbacks would be considered not running the entire course.

Leg	Aid Stations	Length	Section Details
1	Birkie Ridge Start to Boedecker Southbound	3.7	The opening leg has the toughest climbs of the course. It starts with of 1.8 miles of steady climbing on the Birkie Ridge Trail. There is turns on to the Birkie Skate Trail and descends sharply for 3/4 mile, followed by one mile of rolling hills and then the big climb to Boedecker. Look for 20% slope in this final climb!
2	Boedecker Southbound to Boedecker Northbound	5.8	This, longest, leg makes a loop heading south on Birkie Skate Trail and returning north on the Birkie Classic Trail. It features mostly flat terrain at the beginning and end of the leg with big hills in the middle. The Half Marathon course cuts off on the left at about 3/4 mile into the leg and rejoins on the left at 1.5 miles before the return to Boedecker.
3	Boedecker Northbound to Timber Trail Northbound	5.2	This leg begins by continuing north with significant elevation drop on the Birkie Classic Trail. This descent continues when the course turns on to Seeley Pass single track trail. The descent ends in a clearing that is remnant of an old CC camp. Here the trail name changes to Flow Mama and a steady climb begins. The trail steepens after crossing an ATV trail and then intersects with the Birkie Classic Trail again. The course turns right onto northbound Birkie Classic Trail to the aid station. Make note that the Half Marathon course continues on Flow Mama at the Birkie Classic intersection. The final section of the leg has small rolling hills.
4	Timber Trail Northbound to Timber Trail Southbound	5.0	Pay close attention to the course markers as there are many trail intersections in this leg! It begins by continuing north on Birkie Classic Trail. The first turn is a left on to Ojibwe single track. Note that the Ultra Marathon course turns right at the intersection. After a short segment on the Ojibwe Trail the course turns left onto Birkie Classic. Another short section and it turn right on to narrower ski trail called North End Trail. Again, a short segment before hard left turn onto North End Classic Ski Trail. After a slightly longer segment it turn hard left back on to North End Trail. The final turn is back on to Birkie Skate Trail, heading south to the aid station. There are no major. Long climbs on this leg. However, this may be considered one of the tougher legs as the are many medium sized, steep hills.
5	Timber Trail Southbound to Fire Tower	3.3	This leg begins by continuing on southbound Birkie Skate Trail for a half mile where it turns on to the 38 Special single track trail and climbs steady to the high point of the course at 1,730 feet above sea level with 430 feet to drop back to Birkie Ridge. At the summit, it turns back on to the Birkie Skate Trail for a quick, steep descent to the aid station.
6	Fire Tower to Birkie Ridge Finish	2.6	The final leg follows Birkie Skate to the Birkie Ridge Trail where the course completes its loop and returns back to the Birkie Ridge Trailhead. This is the shortest and fastest section that is almost all down hill. However, there are three short steep climbs on this 360 foot drop to the finish.